

PADUA SWIMMING

School Holiday Training Times:

Squad		Friday 30th March & Monday 2nd April	Tuesday 3rd April	Wednesday 4th April	Thursday 5th April	Friday 6th April
Junior Squad	AM	No Training	6am-8am	OFF	6am-8am	6am-8am
	PM	No Training	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Intermediate Squad	AM	No Training	6am-8am	OFF	6am-8am	6am-8am
	PM	No Training	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Senior Squad	AM	No Training	6am-8am	OFF	6am-8am	6am-8am
	PM	No Training	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Masters Squad	AM	No Training	6am-7am	OFF	6am-7am	6am-7am
	PM	No Training	OFF	OFF	OFF	OFF

Squad		Monday 9th April & Monday 16th April	Tuesday 10th April	Wednesday 11th April	Thursday 12th April	Friday 13th April
Junior Squad	AM	6am-8am	6am-8am	OFF	6am-8am	6am-8am
	PM	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Intermediate Squad	AM	6am-8am	6am-8am	OFF	6am-8am	6am-8am
	PM	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Senior Squad	AM	6am-8am	6am-8am	OFF	6am-8am	6am-8am
	PM	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	3.30pm-5.30pm	OFF
Masters Squad	AM	6am-7am	6am-7am	OFF	6am-7am	6am-7am
	PM	OFF	OFF	OFF	OFF	OFF

Squad Training runs all year round and will continue throughout the Winter months. The Winter Training Timetable will commence Tuesday 17th April 2018. I hope to see all swimmers in the pool throughout the holidays and Winter months.

Regards,

Kirk Taylor - Head Coach
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